They're small, they're squishy and they're SUPER IMPORTANT!

WONDERFUL WORMS!

HEALTHY SOILS NEED HEALTHY WORMS!

Small in size... **HUGE** in importance!

DID YOU KNOW?

Worms have no bones!
Their strong muscles help them move and burrow through soil.

Worms breathe through their skin.
They need moist soil to stay alive.

Worms don't like light!
Bright sunlight can hurt them, so they stay underground.

Worms are nature's recyclers.
They eat dead leaves and organic matter and turn it into nutrient-rich worm castings (poo!).

Worm tunnels help soil, air and water move through the soil.
This helps plant roots grow strong.

Worms are important food for many animals
like birds, frogs, reptiles and echidnas.

WORMS ARE NATURE'S SOIL SUPERHEROES!

WORMS NEED...

Moist soil
Worms need damp soil to breathe and stay healthy.

Food
They love dead leaves, vegetable scraps, cardboard and compost.

Cool temperatures
Worms prefer cool conditions, not hot or freezing.

Darkness and shelter
They need places to hide and feel safe underground.

INCREDIBLE BUT TRUE!

A single worm can eat its own weight in food **every day!**

That's like a child eating their whole school lunch... **EVERY DAY!**

LOOK AFTER THE SOIL...

AND THE WORMS WILL LOOK AFTER **OUR PLANET!**

Small worms. Big impact.

Tamworth Regional LANDCARE ASSOCIATION